

CHECKUP 2: PREPARE

| completing these exercises? | your intervie | w reddiries. | s, comparec | i to now yo | u leit belole |
|--|----------------------|---------------|--------------|-------------|-------------------|
| | | | | | |
| 2. Assess your attitude toward interview preparation by rating your level of agreement with the statements in the left column below: | | | | | |
| I don't need to prepare, I will do just fine without preparing. | Strongly Disagree | O Disagree | O Nuetral | O Agree | Strongly Agree |
| No matter how much I prepare, I will probably still do poorly in the interview | Strongly Disagree | O Disagree | O Nuetral | O Agree | Strongly Agree |
| I will feel more confident and comfortable if I prepare | Strongly Disagree | O Disagree | O Nuetral | O Agree | Strongly Agree |
| Preparing helps me deliver my stories more naturally and confidently | Strongly Disagree | O Disagree | O Nuetral | O Agree | Strongly Agree |
| 3. What do you fully understand and are you doing well with? What needs to be improved? | | | | | |
| MASTERED | | NEEDS WORK | | | |
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